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# 2016-2017 DIRECTORY OF SERVICES FOR SENIOR CITIZENS

## Developed by the Sanilac Building Ties Committee

The primary mission of the Sanilac County Building Ties Committee is to identify priority needs of older adults in the community and to explore ways to cooperatively meet those needs through the establishment of interagency linkages and joint program development. New member agencies welcome.

Some of these programs include the annual Sanilac County Senior Fair, The Senior Prom, The Senior Writing Project, and The Senior Citizen of the Year.

For further information, call: Louise Blasius, McKenzie Health System, (810) 648-6181.

# ABUSE or NEGLECT

Anger Management Sanilac County Health Department (810)648-4098 171 Dawson St. ~ Sandusky, MI 48471

Department of Human Services Central Intake: (855) 444-3911 (810) 648-4420~Fax (810) 648-3866 515 S. Sandusky Rd ~ Sandusky, MI 48471 www.michigan.gov/dhs Investigation of abuse/neglect of vulnerable adults.

Eva's Place (866) 336-7283 (24 Hours) Shelter and Counseling for homeless women and

their children or involved in Domestic Violence. Crisis counseling, information, and referral are provided. All services are free of charge.

# **TRIAD** Sanilac County Sheriff Department (810) 648-2000

Sanilac County Prosecutors Office (810) 648-3402

# SUBSTANCE ABUSE TREATMENT

Alcoholics Anonymous- Please call (877) 337-0611 and Narcotics Anonymous-248-543-7200. (For meeting sites and times)

Community Mental Health Access For Substance Abuse or Mental Health Needs (888) 225-4447

Lapeer Hospital Mental Health Unit (810) 667-5611

Port Huron Hospital Mental Health Unit (810) 987-5000

# ADULT DAY SERVICES

Alzheimer's Association (800) 272-3900 Respite for caregivers of loved ones with dementia. www.alz.org

Human Development Commission (800) 843-6394 Sanilac County ~ (810) 648-9452 Daytime care for older adults and assistance for those who care for them.

Scholarships available thru Walk to Remember Committee for individuals with Dementia/Alzheimer's Disease. Please refer to middle insert for application.

# ADULT FOSTER CARE HOMES

# <u>Applegate</u>

M.M.G. Martinez AFC (810) 633-9227 222 Loree Road ~ Applegate, MI 48401 6 Residents

# Brown City

M&J Family Home (810) 346-3311 6954 Walter Street ~ Brown City, MI 48416 5 Residents – Males or Females Private Pay/State – Aged – M.I. – D.D

Parkview House (810) 346-3525 7175 Cade Road ~ Brown City, MI 48416 6 Residents ~ Wheelchair Accessible

# Croswell

Harrington Farm
(810) 878-0084
2347 Harrington Road ~ Croswell, MI 48422
6 Residents Total ~ Males or Females
M.I. ~ D.D. ~ CMH Approval

Martinez Manor (810) 679-0226 5565 Peck Road ~ Croswell, MI 48422 15 Residents Total • Mentally Ill Developmentally Disabled

Mendoza AFC (810) 679-0227 5575 Lancaster ~ Croswell, MI 48422 5 Residents Total • Males or Females Aged • D.D.

Milestone Manor (810) 679-3245 41 Pack Street ~ Croswell, MI 48422 5 Residents Total Aged ~ Ambulatory ~ Private Pay

# <u>Decker</u>

Brown AFC Home (989) 872-2508 3737 N. Van Dyke Road ~ Decker, MI 48426 6 Residents Total • Males or Females

Hillside AFC (989) 635-0205 5949 Snover Rd. ~ Decker, MI 48426 6 Residents • Male or Female • Aged Ambulatory • Private • D.D.

# <u>Deckerville</u>

Deckerville Pine House (810) 648-3363 3646 Pine Street ~ Deckerville, MI 48427 6 Residents • Physically Handicapped Mentally III • Aged

## <u>Lexington</u>

Judy's Place (810) 359-7929 5558 Union Street ~ Lexington, MI 48450 www.judysplaceafc.com 6 Residents • Aged

## <u>Marlette</u>

Conquest AFC (989) 635-7770 3222 Main Street ~ Marlette, MI 48453 12 Residents Total • Males or Females Aged • D.D. • M.I.

Ellsworth AFC (989) 635-3151 6370 Ellsworth St. ~ Marlette, MI 48453 6 Residents • Physically Handicapped Mentally Ill

Juhl Road AFC (810) 648-2175 1321 Juhl Road ~ Marlette, MI 48453 6 Residents Total • Males Aged • M.I. • Handicapped Must be Able to Walk Upstairs

Mathews AFC (989) 635-7176 6635 W. Marlette Street ~ Marlette, MI 48453 6 Residents Total • Females Only • D.D. Physically Handicapped Must be Ambulatory Mulberry House (989) 635-3085 2862 Lamotte Street ~ Marlette, MI 48453 6 Residents • M.I. • D.D.

Peaceful View (989) 635-8092 2901 Lorraine Street ~ Marlette, MI 48453 6 Residents

Premier Adult Foster Care (989) 917-0116 2791 Main Street ~ Marlette, MI 48453 20 Residents Total - Males or Females Aged • M.I. • Wheelchair Accessible

# <u>Peck</u>

Clearview AFC (810) 378-5291 4105 S. Sandusky Road ~ Peck, MI 48466 6 Residents • Physically Handicapped Developmentally Disabled Mentally III • Aged

Hickory Hollow (810) 378-5460 41 E. Barbara ~ Peck, MI 48466 6 Residents • Physically Handicapped

Martinez AFC Home (810) 378-5280 3749 Orchard Road ~ Peck, MI 48466 11 Residents Total • Males Only Age 18 to Senior Citizen • D.D. • M.I. Wheelchair Accessible

## <u>Port Sanilac</u>

Carol's Family Home (810) 622-8009 7252 Cedar Street ~ P.O. Box 187 Port Sanilac, MI 48469 12 Residents Total • Males or Females Aged • Will Take SSI Rate

Lake Huron House (810) 622-9588 7006 Huron Street ~ Port Sanilac, MI 48469 6 Residents Total • Physically Handicapped Mentally Ill

## Sandusky

A Place of Grace (810) 648-4846 ~ Cell: (810) 404-8236 110 N. Elk St. ~ Sandusky, MI 48471 Owner: Margie Schmidt \*Private Rooms Available

All Stars Adult Foster Care (810) 648-0088 175 Margaret Street ~ Sandusky, MI 48471 6 Residents Total • Males or Females Aged • M.I.

Austin CLF (810) 648-9634 225 Austin Street ~ Sandusky, MI 48471-8471 4 Residents • Physically Handicapped Mentally Ill • Aged

Cottage House AFC (810) 648-5490 98 South Lamotte St. ~ Sandusky, MI 48471 6 Residents Total ~ Mentally III ~ Elderly

Golden Moments (810) 648-9353 65 Delaware Street ~ Sandusky, MI 48471 6 Residents Total ~ Male and Female M.I. ~ Elderly Lambson Family Home (810) 648-4591 110 Margaret Street ~ Sandusky, MI 48471 6 Residents • Developmentally Disabled Mentally Ill

Martinez Retirement Home (810) 648-4744 27 Lincoln Street ~ Sandusky, MI 48471 12 Residents Total • Males or Females Aged • Wheelchair Accessible

Parkview AFC (810) 404-3252 120 S. Custer St. ~ Sandusky, MI 48471 12 Residents Total ~ Males or Females 100% Handicap Accessible Private Rooms

R&R AFC Home (810) 648-3326 105 Jackson Street ~ Sandusky, MI 48471 12 Residents Total • Males or Females Aged • D.D. • M.I. • Ambulatory

Simpson's AFC (810) 648-2398 1900 Banner Road ~ Sandusky, MI 48471 6 Residents • Men • Mentally Ill Developmentally Disabled • Aged Snover

Lopez AFC Home (810) 672-9762 3644 Washington Street ~ Snover, MI 48472 6 Residents • Physically Handicapped Mentally III • Aged – Females Only

Woodland Acres (810) 672-9685 3855 Downington Road ~ Snover, 48472 6 Residents • Aged • Moderate Alzheimer's Sara Lift

## **APARTMENTS**

Admiral Porter Apartments (FHA Subsidized) (810) 359-7920 5306 Main Street ~ Lexington, MI 48450

Blue Water Lodge (810) 385-4131 2840 Keewahdin Rd. ~ Fort Gratiot, MI 48059 (Independent Retirement Community with health care available.)

**Brookfield Apartments** (Section 8) (810) 648-4102 201 E. Marion ~ Sandusky, MI 48471

Cedar Trace Apartments (810) 346-3494 ~ Fax (989) 400-4902 6771 St. Marys Street ~ Brown City 48416 www.kmgprestige.com 16 single units, independent senior living

Croswell Country Manor (810) 679-2210 240 Mills Street ~ Croswell, MI 48422 FHA Subsidized/Senior Citizens Only

Croswell Manor Apartments (Section 8) (810) 679-2235 ~ Fax (810) 622-8388 10 Pack Street ~ Croswell, MI 48422 Income based rentals/Office hours 9-5 M&F only

Eastside Manor (810) 648-4230 239 Roberts Street ~ Sandusky, MI 48471 susan.henry@kmgprestige.com Section 8, Elderly, Handicapped, or Disabled

Green Acres Apartments (810) 404~RENT Fax (810) 622-8388 408 Green Acres St. ~ Sandusky, MI 48471 All units ground level- no stairs

Hannah D. Wolfe Retirement Residence (989) 635-7472 - Marlette Hospital 2785 Angle Street ~ Marlette, MI 48453 Emerald Forest Apartments (Subsidized) (989) 635-7854 2865 Wilson Street ~ Marlette, MI 48453

Emerald Forest Apartments (989) 635-3884 (T-F 9-6pm) 6221 Euclid Street ~ Marlette, MI 48453 Elderly • Handicapped • Disabled

Pope Apartments (FHA Subsidized) (810) 622-8723 or (810) 359-7920 7175 Oakwood Blvd. ~ Port Sanilac, MI 48469

Stanton Apartments (FHA Subsidized) (810) 648-4980 253 Margaret Street ~ Sandusky, MI 48471

St. Clair Landings Senior Apartments (810) 966-9339 - Fax: (810) 966-9727 3345 Military St. ~ Port Huron, MI 48060

Sunrise Village Senior Apartments (810) 648-9450 ~ Fax: (810) 648-9457 155 Margaret St. ~ Sandusky, MI 48471 Email: sunrise\_village155@yahoo.com Designed for those 55 or better

Willow Way Apartments (FHA Subsidize) (810) 679-0115 308 Willoway Dr. ~ Croswell, MI 48422

# ASSISTED LIVING RESIDENCE

# MRH Hannah D. Wolfe Retirement Residence (989) 635-7472

### 2785 Angle Street ~ Marlette, MI 48453

An affordable retirement complex for independent seniors fifty-five years and older. Amenities include: private room with bathroom, heat, water, electricity, meals, Lifeline, cleaning service, cable TV, maintenance, parking and activities. Conveniently, located adjacent to emergency services and the hospital, with shopping, churches, parks, and businesses nearby. Please call for more information or to schedule a visit.

## Stonegate Village Assisted Living (810) 648-9410 ~ Fax (810) 648-9414 70 West Argyle Street ~ Sandusky, MI 48471 stonegate@leisure-living.com

Assistance with personal care and medication administration. Activities, meals, housekeeping, laundry, and utilities included. Private Pay, VA benefits, and Long Term Care Insurance.

# Out of County Assisted Living

Harrington Inn Assisted Living (810) 985-5550 1026 Military Street ~ Port Huron, MI 48060

Northwood Meadows (989) 872-8131~Fax (989) 872-5252 6086 Beechwood Drive Cass City, MI 48726 www.northwoodmeadows.org Independent/Assisted Living; Memory/Medical Care Unit; Respite Care. LTC Insurance, Medicaid Waiver, Aide & Attendance Benefit accepted.

Sanctuary at Mercy Village (810) 989-7444 4170 24<sup>th</sup> Avenue ~ Fort Gratiot, MI 48059 We are a faith based community offering several living options and services including independent assisted living and memory care.

# **COUNSELING SERVICES**

#### Sanilac County Community Mental Health (888) 225-4447 ~ 24 Hour Access Line

Individual and family counseling, evaluation assessments, referral services, prevention services, social work, case mgmt. & support coordination, substance abuse treatment.

#### Sanilac County Health Department (810) 648-4098 ~ Fax (810) 648-2646 171 Dawson St ~Ste.123 ~ Sandusky, MI 48471

Substance abuse, individual and group counseling, domestic violence, anger management, psychological evaluation, alcohol highway safety education, education programs

# Thumb Area Counseling Center (810) 648-4303

**119 E. Sanilac, Suite #3 ~ Sandusky, MI 48471** Individual, Couple, and Family Counseling

## Lakeshore Therapy, PLLC

## Halusia Witkowski, LMSW, ACSW & Associates 119 E. Sanilac, Suite #8 ~ Sandusky, MI 48471 (810) 689-4846

Services: Individual, Couple, and Family Therapy. EMDR Certified (Trauma Specialty)

#### Millie A. Patterson, LMSW, CAADC 119 E. Sanilac, Suite #8 ~ Sandusky, MI 48471 (810) 689-4760 Services: Individual and Family Therapy

Services: Individual and Family Therapy Certified Addictions Specialist

#### Senior Life Solutions 204 S. Huron Ave, Harbor Beach, MI 48441 www.hbch.org 989-479-0200

SLS is a program that addresses the emotional health of adults, primarily over the age of 65. We provide group, individual and family therapy for grief, depression, anxiety and many other emotional issues. Transportation provided. Call for further information or an appointment.

### Healing and Hope: A Survivors After Suicide Support Group 227 E. Sanilac Ave, Sandusky, MI 48471 810-583-0403

Join us on the 4<sup>th</sup> Tuesday of every month 5:30-7PM for a group of shared support with those who have suffered a loss by suicide. Call to confirm meeting location.

# **DIAGNOSTIC SERVICES**

## Mobile US Labs (800) 846-8009

X-Ray, ECG, Holter Monitor, Ultrasound, Doppler Studies to homebound patients as well as residents of nursing homes, assisted living, senior apartments, adult foster care and day care.

## Thumb MRI Center, LLC (989) 872-8070 or (888) 399-9469 www.thumbmri.com

The largest most comfortable MRI on the market today! Many conveniences that seniors find accommodating. Handicap entrance located on the north side, wheelchair available for your use.

#### Family First Visiting Physicians 1115 S. Van Dyke Suite 200 Bad Axe, MI 989-623-0140 Fax: 989-623-0155

Preventive screenings, chronic disease management, Medicare Annual Wellness Exams, wound care management and so much more. We bring the office to you! Just call to schedule your appointment.

# Visiting Physician Association (810) 364-5050

Specializes in providing quality medical care to older persons who have difficulty or are unable to leave their home. VPA treats patients from minor to the most complex medical needs.

# FREE FITNESS OPPORTUNITIES

**Senior Stretch** ~ Marlette Regional Hospital East Campus ~ Every Monday and Friday 8:30 AM – 9:30 AM/Not offered in summer.

## **Senior Exercise Classes**

9:00 a.m.-10:00 a.m., Mondays and Wednesdays October, November, January, February, March in Lexington Call 810.648.6127 for further information

Thumb Dancers Club (810) 648-2488 Maple Valley School ~ Sandusky

## McKenzie Health & Wellness Center

170 W. Argyle Street, Sandusky, MI 48471 *Indoor Walking Track*5:00 p.m.-7:00 p.m.
Monday through Friday, All year round
Call 810.648.6127 for further information *Tai Chi Exercise Classes*Spring, various locations. Free to 60+
Call 810.648.6127 for further information.

# <u>Walking</u>

K-Mart (Sandusky) – 7 days/Week 8:00 AM – 9:00 PM

Walmart (Sandusky) – 7 days/Week 6:00 AM – 12:00 PM

## **Carsonville – Port Sanilac School**

Hallway walking (non-school hours). Call the High School at 810-657-9394 for available times. Walk the Track any time not in use- no appointment necessary.

#### Additional Schools – (Weekdays During the School Year) Brown City: 3:30-7:00 pm

Croswell: 3:30-8:00 pm Deckerville: 3:30-8:00 pm Marlette: 6:00-7:00 pm Peck: 6:00-7:30 am and 3:30-6:30 pm Sandusky: Diamond Walking Trail Only

# **HELPING AGENCIES**

# American Cancer Society (800) 728-2323

Provides a variety of services such as durable medical equipment loan, wig bank, home medical supplies and transportation reimbursement for patients with a cancer diagnosis.

## Blue Water Center for Independent Living (810) 648-2555 ~ Fax (810) 648-2583 100 W. Argyle P.O. Box 89~ Sandusky, MI 48471 www.bwcil.org

Services for persons with disabilities of all ages, their families, and the community. Services include advocacy, information & referral, peer support, housing assistance, Nursing Facility Transition, youth services and benefit assistance. Also available are Supportive Services for Veteran Families which provides services to very low income veterans who are at risk of becoming homeless or are homeless.

# Michigan Department of Rehabilitation (810) 982-8571

Helping people with disabilities obtain or maintain employment.

## Department of Human Services (810) 648-4420 ~ Fax: (810) 648-4432 515 S. Sandusky Road, Sandusky www.michigan.gov/mibridges

Medicaid, food stamps, financial and emergency assistance, adult foster care placement, home help, medical transportation, volunteer services, adult protective service.

## **Eva's Place**

**1-866-336-7283 (24 Hours)** ~ (**810) 672-9467** An emergency shelter program for women and children involved in domestic violence, sexual assault or homelessness. Crisis counseling and referral available. All services free of charge.

#### Human Development Commission (HDC) (800) 843-6394 ~ Fax: (810) 648-5422 227 N. Elk St. Sandusky, MI 48471 www.hdc-caro.org 810-648-4497

Adult day services, caregiver support, chore services, commodity food distribution, foster grandparent and retired senior volunteer programs. Home delivered meals, in-home services, senior dining centers, senior transportation, Thumb Area Senior News, utility assistance, respite care, & homemaking services

## **The Library for the Blind and Physically Handicapped** 800-992-9012

#### McKenzie Senior Services (810) 648-6150 ext. 239 120 Delaware Street ~ Sandusky, MI 48471

Free to seniors, funded by Council on Aging. RN to help seniors, in-home visits. Individualized services. Variety health promotion/disease prevention services. Call for information, referral and much more.

## Michigan Works

3270 Wilson St., Marlette, MI (989) 635-3561 or (989) 635-2230

#### MMAP (Michigan Medicare/Medicaid Assistance Program) (800) 803-7174

#### www.mmapinc.org

To educate, counsel, and empower Michigan's older adults and individuals with disabilities, and those who serve them, so they can make informed health benefit decisions.

In Sanilac County, seniors may contact Louise Blasius, LMSW, McKenzie Health System: 810-648-6181.

#### **Project Blessing**

Food closet, clothing and other emergency help Brown City: (810) 346-3681 Carsonville: (810) 657-8833 Croswell/Lexington: (810) 359-2045 Deckerville: (810) 376-3020 Marlette: Heaven Sent Ministries (989) 635-0077 Sandusky: Help Inc. (810) 648-1988 Snover: Heritage Thrift Shop (810) 672-9101

## Region VII Area Agency on Aging (800) 858-1637 ~ Fax: (989) 893-3770 1615 S. Euclid Ave. ~ Bay City, MI 48706 \*Cass City Satellite office: (800) 276-2137 www.region7aaa.org

Region VII AAA links you to home and community based programs available in your community including: home-delivered meals, caregiver training, diabetes and balance workshops and much more! Info and assistance on any long term or aging issue. MMAP-Medicare/Medicaid assistance. Medicaid MI choice home and community based waiver. Care management. Just call.

Salvation Army Centralusa.salavationarmy.org Eastern MI Division 6130 Northland Dr. Southfield, MI 248-443-5500

Sanilac County Alcohol and Other Drug Program Sanilac Co. Health Dept. 171 Dawson St, Sandusky (810) 648-4098

Sanilac County Council On Aging Elfrieda Conrad ~ (810) 648-2772 Meets monthly - 3<sup>rd</sup> Monday at 1:30 p.m. County Commissioner Board Room

## Sanilac Community Mental Health 227 East Sanilac Street ~ Sandusky, MI 48471 (810) 648-0330 & 24 Hour Access Line: 888-225-4447

Individual and family counseling, evaluation assessments, referral services, prevention services, social work, case management and support coordination, and substance abuse treatment.

## Sanilac County Health Department (810) 648-4098 ~ Fax (810) 648-2646 171 Dawson St., Ste.123 ~ Sandusky, MI 48471 www.sanilachealth.com

Public Health – Vaccines, communicable disease health information, assessment and referral services. Environmental Health - Septic, well and food Permits.

#### Sanilac County MSU Extension Service (810) 648-2515 ~ Fax: (810) 648-3087 sanilac@msue.msu.edu

## Sanilac County Veterans Affairs (810) 648-0212 ~ Fax: (810) 648-2353 171 Dawson Street ~ Sandusky, MI 48471 www.SanilacCountyVA.org

This office assists Veterans and their dependents with all benefits they are entitled to under federal, state, and county VA laws.

#### Senior Outreach Services of Sanilac County (S.O.S.) (810) 648-6150/Ext 239

## smartin@mckenziehealth.org

An emergency funding program for Seniors of Sanilac County. A temporary help until a permanent solution can be arranged. In-home individual assessments by a Skilled Nurse.

## Social Security Administration (877) 895-0042 2620 Kraft Rd. ~ Fort Gratiot, MI 48059

**TRIAD** (810) 648-2000 Sanilac Co Sheriff's Dept. Seniors and Law Enforcement Working Together

# Walk to Remember (810) 376-2145

Scholarships available for individuals with Dementia/Alzheimer's diagnosis. Please ask for Larry Block. Application in center of this booklet.

# **LEGAL SERVICES**

Lakeshore Legal Aid (810) 985-5107 ~ Fax (810) 985-5106 803 10<sup>th</sup> Ave., Ste. C ~ Port Huron, MI 48060 We provide free civil legal advice and services for low income and senior members of our community. We can help you with wills, power of attorney documents, collection agency harassment and housing problems.

#### Elder Law of Michigan 3815 W. St. Joseph St., Suite C-200, Lansing, MI 48917 Phone: 866-400-9164 www.elderlawofmi.org

Elder Law of MI provides no-cost counseling on legal, pension, housing, nutrition and benefits access to individuals across Michigan with a focus on assisting older adults and persons with disabilities.

# Biddinger & Bitzer, PLLC 4415 S. Seeger St, Cass City, MI www.biddingerandbitzer.com

Trusts, Wills, Probate, Trust Administration, Asset Protection, Financial & Medical Power of Attorneys, and Medicaid Planning & Qualifications. Helping Families Preserve Their Wealth During and After Their Lifetime.

# HOME CARE

A&D Home Health Care & Hospice(800) 884-3341 or (989) 453-2828Fax (989) 453-2824\*88 S. Main St. Pigeon, MI 48755www.a-dhomecare.comHaving an A&D NURSE is like having a NURSE inyour FAMILY! You can enjoy peace of mindknowing that excellent care is available in your

neighborhood!

#### Alpha Omega Home Health, LLC (866) 976-8686 or 989-375-4444 Fax (989) 375 4409 120 Mullen St., Elkton, MI 48731

www.AlphaOmegaHomeHealth.org

Nurses, Therapists, Social Workers, Aides, Beautician serving Huron, Tuscola and Sanilac Counties. Locally owned/operated. All employees are Thumb residents, experienced, credentialed, supervised and screened for drugs/criminal records. CHAP accredited, Medicare Quality Patient Care Rating: 4 Stars. Insurances accepted.

#### Beacon Home Care 888-700-CARE (2273) ~ Fax: (810) 966-3483 415 Quay St. ~ Port Huron, MI 48060 www.beaconcares.com

Guiding the way to better health. Home health nurses, home health aides, physical therapy, occupational therapy, speech therapy, social worker, registered dietitian.

## Care at Home (989) 673-1958

Care at Home offers experienced caregivers to Seniors in their own homes. Physical assistance or help with meals, medication reminders and housekeeping. Licensed and insured since 1984. Private Pay.

### ComPAS Home Health Care of Michigan (810) 721-7700 ~ Fax: (810) 721-7688 21 N. Cedar St., Ste. C ~ Imlay City, MI 48444 www.compashhc.com

Providing Skilled Home Care Services-Nursing, Therapies, Home Health Aide, Social Work, IV Care, Medicare Certified, CHAP accredited and Nationally recognized Home Care Elite Provider. MOST INSURANCES ACCEPTED. Serving Resides of S. Sanilac, Lapeer, St. Clair, N. Macomb, N. Oakland and E. Genesee. Geriatric, Pediatric and IV Care Nursing available. Concerned Home Care, Inc. 1-800-860-1316 or 989-479-3101 Fax: (989) 479-3529 www.concernedhomecare@gmail.com \*136 N. First St. ~ Harbor Beach, MI 48441 \*615 10<sup>th</sup> St. ~ Port Huron, MI 48060 Full service home care. CHAP accredited, Medicare/Medicaid certified, BCBS, commercial insurances, and private pay services available. Serving Sanilac County and surrounding areas. Servicing the community for over 20 years.

# Covenant Visiting Nurse Association (800) 862-4968

VNA is a full service home care company bringing nursing, therapy, equipment, and hospice to the Thumb.

#### Harbor Health Services 1-888-418-2273 ~ Fax: (810) 765-9295

Provides Home Health and Private Duty Service 24 hours per day, 7 days a week. Medicare/Medicaid Certified, BC/BS. CHAP accredited.

## Health Care At Home

(877) 512-4111 or (989) 872-2793
Fax: (989) 872-5325
6450 Main St/Ste 2 ~ Cass City, MI 48726
www.Gethealthcareathome.com
Bringing Quality Care Right To Your Door!
Exceptional Quality Care from 2-24 hours a day.

## Heartland Home Health Care 1-800-878-5626 ~ Fax: (989) 667-8846 1796 W. Caro Rd. ~ Caro, MI 48723 www.hcr-manorcare.com

Heartland Home Health Care provides physical rehabilitation and health care in the privacy and comfort of home. Servicing Huron, Sanilac and Tuscola Counties. Compassus Hospice & Palliative Care Phone (989) 872-5852 ~ Fax: (989) 872-5853 Toll Free (877) 872-5852 5986 E. Cass City Rd. ~ Cass City, MI 48426

5986 E. Cass City Rd. ~ Cass City, MI 48426 www.compASSUS.COM

Serving Huron, Sanilac, St. Clair, and Tuscola Counties. Providing skilled home health. Medicare certified. CHAP accredited.

# Hometown Home Health & Hospice (810) 245-3300 ~ Toll Free: (888) 852-3310 Fax: (810) 245-3665

#### 1681 Woodbridge Park Ave. ~ Lapeer, MI 48446 www.hometownhhh.com

Services include, however not limited to, physical therapy, occupational therapy, speech therapy, psych nursing, skilled nursing, wound care specialists, IV care, private duty nursing, palliative care, and hospice.

### Human Development Commission (HDC) 1-800-843-6394 or (810) 648-4497

In home support for seniors: personal care (nonmedical), respite care, homemaking services (light chores, laundry), CHORE services (heavier cleaning tasks).

**ReliaCare Home Health** (989) 672-2200 Fax: 989-672-2205 1250 Cleaver Rd ~ Caro, MI 48723 Skilled care and aide services.

Seasons Change Home Health Care, Inc. (800) 378-8181 ~ Fax: (989) 856-2801 www.seasonschangehomehealth.com 8201 Pt. Austin Rd ~ Pigeon, MI 48755 Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Social Work, Home Health Aide, Private Duty from 4-24 hours, Travel Companion, Handicap Equipment

## Visiting Angels 810-721-7388 245 N. Cedar St., Imlay City MI 48444 www.VisitingAngels.com/ImlayCity

Visiting Angels provides seniors and adults with the needed assistance to continue living within the comfort of their own home. Visiting Angels is the most recognized and respected name in senior home care. We are "America's Choice in Homecare!"

#### Visiting Nurse Special Services 989-797-0828 502 S. Hamilton St., Saginaw, MI 48602 www.covenantvna.com

VNSS provides private duty, in-home nursing, phlebotomy, and aide services throughout the Thumb.

# **DIALYSIS CENTERS**

Fresenius Medical Care 810-648-9537 47 Dawson Street, Ste. 3, Sandusky, MI 48471

DaVita 866- 544-6741 6757 Main Street, Cass City, MI 48476

# HOME MEDICAL EQUIPMENT

Active Physical Therapy and Medical Supply (877) 693-2273 ~ Fax: (989) 269-5420 128 W. Huron Ave. Ste.A ~ Bad Axe, MI 48413 Free in-home service specializing in diabetic shoes

and diabetic supplies as well as hospital beds, canes, wheelchairs, walkers, commodes and scooters.

## Amigo Mobility Center 1-888-892-2580 ~ Fax: (989) 921-5082 www.amigomobilitycenter.com

Serving the Thumb since 1968. Amigo Mobility Center offers: wheelchairs, lift chairs, canes, walkers, vehicle lifts, power scooters, and more. Page 21

#### Apria Medical Supply (800) 654-6668 600 E. Morley Dr. ~ Saginaw, MI 48601

#### Ehardt's Advance Care Medical Supply (866) 679-3900 ~ Fax: (810) 679-3911

Offices in: Croswell, Lexington, Brown City, and North Branch. On-call services available 24 hours. Quality products delivered right to your doorhome medical equipment, oxygen, lift chairs, walkers, rollators, and hospital beds. Our service makes a difference.

## Human Development Commission (989) 673-4121 ~ (800) 843-6394

Free home medical equipment available on a first come, first serve basis. Accepting donations of gently used home medical equipment.

#### Orthotech Prosthetics & Orthotics 6240 W. Main St., Cass City, MI 48726 989-912-2100 Fax: 989-343-0525 www.orthotechllc.com

Prosthetics, Orthotics, Post Mastectomy Products, Sports Bracing & Foot Health including Diabetic & Orthopedic footwear for men and women. BUILDING BETTER LIVES SINCE 1999.

OxyTech Medical Supply 800-903-6631 Fax: 810-648-4263 43 W. Sanilac Ave. ~Sandusky, MI 48471 www.oxytechmedicalsupply.com A one-source provider of low cost home medical equipment and supplies delivered directly to the home. Also a leader in medical equipment repair for the Thumb.

## Narayan Rehab & Narayan MedTech Equipment, LLC \*968 S. Van Dyke ~ Bad Axe, MI 48413 (989) 269-8700 ~ Fax: (989) 269-8715 \*333 Gordon Dr. Ste. C, Yale MI, 48097 (810) 721-8700 ~ Fax: (800) 746-4146

#### \*335 E. Third St. ~ Imlay City, MI 48444 (810) 721-8700 ~ Fax (800) 746-4146 www.narayanrehab.com

Power wheelchairs, hospital beds, walkers, standard canes, lift chairs. Certified Pedorthotist can custom fit you for diabetic shoes.

Saginaw Medical (800) 292-0230 ~ (800) 292-3669 Fax: (989) 921-0971

Senior Home Health Care
(800) 736-9149 ~ Fax: (800) 233-0933
360 E. Sanilac Ave. ~ Sandusky, MI 48471
Specialized in-home oxygen, CPAP, and BiPap.
Offices in Sandusky, Port Huron, Saginaw, Flint,
Walled Lake, Grand Rapids, Gladwin, Kalamazoo.
Serving the Thumb since 1998.

Sheldon Medical Supply 800-922-5101 ~ Fax: 866-303-2221 21 W. Sanilac Ave ~ Sandusky, MI 48471 www.sheldonmedicalsupply.com Offering home medical equipment to your door with outstanding care and service for over 50 years.

## United Health Services Inc. (800)821-1822 ~ Fax: 989-673-5199 171 North State Street ~ Caro, MI 48723 www.unitedhealthservices.com

Home medical equipment and home oxygen concentrators and supplies. Diabetic supplies and shoes. Free home delivery by certified staff. Over 30 years in the home medical equipment industry.

## HOSPICE CARE

A&D Hospice (855) 624-1521 ~ Fax (989) 401-7520 Pigeon office: (989) 453-2864 88 S. Main St ~ Pigeon, MI 48755 A&D Hospice is your expert source of information

regarding hospice care. Please feel free to call us anytime.

# Heartland Home Hospice Care (989) 269-2472

**1171 S. Van Dyke Rd. ~ Bad Axe, MI 48413** We provide hospice care at: home, long term care facilities, adult foster care homes, assisted living facilities, or hospitals for those facing an advanced illness.

#### Compassus Hospice and Palliative Care Phone: (989) 872-5852 ~ Fax: (989) 872-5853 Toll Free: (877) 872-5852 5986 East Cass City Rd. ~ Cass City, MI 48726 www.hospiceadvantage.com

Serving Huron, Sanilac, St. Clair and Tuscola Counties. Providing skilled hospice services. Medicare certified. CHAP accredited.

## Grace Hospice-Marysville 1985 Gratiot Blvd Suite 2B Marysville, MI 48040 www.ghospice.com

For each employee to treat every patient as their own treasured loved one, providing care that affords a quality of life that outweighs quantity of days, and supports caregivers as their hearts find healing.

### Hometown Home Health & Hospice (810) 245-3300 ~ Toll Free: (888) 852-3310

#### Fax: (810) 245-3665

## 1681 Woodbridge Park Ave. ~ Lapeer, MI www.hometownhhh.com

Services include, however not limited to, physical therapy, occupational therapy, speech therapy, psych nursing, skilled nursing, wound care specialists, IV care, private duty nursing, palliative care and hospice.

United Hospice Service of Marlette Regional Hospital – Adding life to everyday. (800) 635-7490 ~ Fax: (989) 635-4145 2770 Main St. P.O. Box 307 ~ Marlette, MI 48453 www.marletteunitedhospice.org

Proudly serving the Thumb Area for over 30 years. Admissions are done 24 hours a day, every day. Hospice at home services, 6 suite Hospice Residence, grief and bereavement services, and volunteer opportunities.

# **HOSPITALS**

# Deckerville Community Hospital 3559 Pine St., Deckerville, MI 48427 810.376.2835 www.deckervillehosp.org

- 15 Bed Critical Access Hospital
- 24 Hour Emergency Services
- Family Practice
- Pediatrics
- Respite Care
- Women's Health

# Black River Street Clinic 2433 Black River Street 810.376.2885

- Dr. Bassam Afaneh, MD Pediatrician/Adult Medicine
- Pediamician/Adult Medicine
- Dr. Stacy Goldfine, DO
- Family Practice/Integrated Medicine
- Dr. Lori Nugent, PA-C
- Dr. Lindsay Bulgrien, FNP-BC

# Main Street Clinic 3532 Main Street 810.376.2885

• Dr. Marvin Keeling, MD Internal Medicine

• Dr. Keith Davidson, MSN, NP-C Geriatrics

# **Specialty Clinics**

- Cardiology
   Gastroenterology
- Podiatry Beltone Hearing
- Pulmonary
- Nephrology
- General Surgery Neurology
- Orthopedics
- AFTER HOURS CLINIC

Weekends and Holidays 12pm-5pm Hospital Main Campus 810-376-2835

Monday-Friday 5pm-7pm Black River St. Clinic 810-376-2885

# **Hills and Dales General Hospital** 4675 Hill Street, Cass City, MI 48726 989-872-2121 www.hdghmi.org

Providing Quality Healthcare Throughout the Tri-County Area. We have 10 Physician **Clinics and 3 Rehabilitation Centers** including locations in Kingston, Ubly, and Cass City. We are here for all your healthcare needs.

# MCKENZIE HEALTH SYSTEM

Experience Our Difference! (810) 648-3770 ~ Fax (810) 648-2416 120 Delaware St., Sandusky, MI www.mckenziehealth.org

ER always open, full service outpatient and inpatient care and testing, physical and occupational therapy. Specialty Clinics, Community Wellness. Call for details.

McKenzie Health System Primary Care Providers/Surgeons

- EMG Testing Neurosurgery
  - Nutritional Counseling

Nancy Hunt, FNP-C Kimberley Curell, PA-C Michael Lewis, DNP,FNP-C Family Practice McKenzie Rural Health Clinic (810) 648-5244 or (810) 648-2232 75 Dawson St., Sandusky, MI 48471 \*Costs for uninsured based on ability to pay.

Mark English, MD Family Practice, Internal Medicine Lakeshore Internal Medicine (810) 622-9248 7307 Cherry St., Port Sanilac, MI 48469 New patients welcome \*Office hours in Sandusky also

Alfredo Domingo, MD Orthopedic and Hand Surgery Main Street Health Center (810) 648-4229 74 S. Elk St., Sandusky, MI 48471

Michael A. Merkler, MD Brandy Trepkowski, MSN,FNP-BC Family Practice McKenzie Family Healthcare (810) 648-9677 109 Delaware St., Sandusky, MI 48471

James L. Sams, MD Suzette Walker, DNP, FNP-BC, AOCNP Family Practice McKenzie Health & Wellness Center (810) 648-3229 170 W. Argyle St., Sandusky, MI 48471

Matthew Gormley, MD Family Practice, Internal Medicine & Pediatrics Nicole Liccardello, DNP, FNP-C Family Practice McKenzie Health System – Croswell Clinic 8 North Howard Avenue ~ Croswell, MI 48422 810-679-0012

Scott K. Huffaker, D.O. Holly Murray, MS, PA-C Cardiology Covenant Center for the Heart (810) 648-4880 100 W. Argyle St., Suite 4 Sandusky, MI 48471

McKenzie Surgical Services General and Advanced Laparoscopic Surgery Sanilac Medical Plaza (810) 648-9707 100 W. Argyle St. ~ Sandusky, MI 48471

James L. Sams, MD Stephanie Peruski, MSN,FNP-BC Family Practice McKenzie Health System Peck Medical Center (810) 378-4900 251 E. Peck Rd. ~ Peck, MI 48466

Joseph Price, MD Family Practice (810) 657-9341 4640 E. Sanilac Rd. ~ Carsonville, MI 48419

#### <u>Specialty Clinics – (810) 648-6179</u>

*Allergy & Immunology	*Audiology (Hearing)
*Cardiology	*Dermatology
*Diet Counseling	*Family Planning
*Gastroenterology	*General Surgery
*Geriatric Clinic	*Gynecology
*Nephrology (Kidney)	*Neurology
*Ophthalmology	*Physiatry
*Podiatry	*Pulmonology

Smoking Cessation Program McKenzie Health System 810-648-6181 Single session quit smoking programs can be scheduled for individuals or groups.

#### McKenzie Rehabilitation Services McKenzie Health and Wellness Center (810) 648-0210

170 W. Argyle St ~ Sandusky, MI 48471

Full service physical, occupational and speech therapy, heated aquatic pool therapy, strength and cardiovascular training, Cybex Multi-Gym.

#### McKenzie Swing Bed Program (810) 648-6170 ~ Fax: (810) 648-2416 120 Delaware St. ~ Sandusky, MI 48471

Skilled Nursing & Rehabilitation Services, including: Dialysis, Wound Care, Stroke, Orthopedic Conditions, Progressive Neurological Disorders, Speech & Swallowing Dysfunction, Gait & Balance Impairments.

#### Diabetes & Pre-Diabetes Education McKenzie Heatlh System (810) 648-6187 120 Delaware St. ~ Sandusky, MI 48471

Classes meet in hospital dining room every Monday at 5:00 pm. Free to all interested.

#### McKenzie Health System ACO Care Coordinator Heather Merriman, RN (810) 648-6188

McKenzie's ACO Care Coordinator works closely with physicians and staff to coordinate the care of Medicare patients in the outpatient setting, especially those who are "high risk" for readmission; that is, with two or more chronic conditions. This is done by educating and coaching high-risk patients, facilitating communication between providers, developing care plans, and connecting patients with needed resources.

## Seton Cancer Institute Radiation Oncology 2780 Main St., Marlette, MI 48453 866-738-6665

www.marletteregionalhospital.org/cancer The outcome of cancer treatment is brighter than ever, thanks to our expert physicians and advanced cancer fighting technologies- all available close to home. Individualized, innovative cancer treatments that follow the healing edge-that's our promise!

# SKILLED AND LONG TERM CARE FACILITIES

## Autumnwood of Deckerville (810) 376-2145 ~ Fax: (810) 376-4093 3387 Ella St. Deckerville, MI 48427 www.cienafacilities.com/communities/ autumnwood-of-deckerville

Skilled nursing and rehab community specializing in post hospital rehabilitation and compassionate long term care. Medicare, Medicaid, and most private insurances accepted. Happy hour, fine dining, 24 hour room service, private and married couple suites. Secure Dementia Wing.

# **Courtney Manor Skilled Nursing Facility and Rehab Community**

(989) 269-9983 ~ Fax: (989) 269-6361 1167 E. Hopson St. ~ Bad Axe, MI 48413 Dedicated team who provide skilled nursing and rehabilitation. Physical, occupational, and speech therapy. Special care for those with Dementia. Opening in June 2014: 20 all private room rehab wing, large therapy gym.

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Harbor Beach Long Term Care Unit (989) 479-3201 ~ Fax: (989) 479-5000 Huron County Medical Care Facility (989) 269-6425 ~ Fax: (989) 269-3178 1100 S. Van Dyke Rd. ~ Bad Axe MI, 48413

## Lakeshore Long-Term Care **Ombudsman Program** (989) 673-3188

Advocacy and information service for families of residents in long-term nursing facilities and adult foster care, assistance in locating families.

### **Marlette Regional Hospital**

Long-term Care Unit (989) 635-4400 ~ Fax: (989) 635-1819 www.marletteregionalhospital.org

**Marlette Regional Hospital Swing Bed Program** (989) 635-1894 ~ Fax: (989) 635-4035 2770 Main St. ~ Marlette, MI 48453 Medicare covered short term skilled care;

physical, occupational, and speech therapy; daily IV therapy. Call for details.

# **Marwood Nursing and Rehab** (810) 982-8591 ~ Fax: (810) 982-5369 **Port Huron** Alzheimer's Unit

Skilled Nursing (PT, OT, ST)

#### McKenzie Swing Bed Program (810) 648-6170 ~ Fax: (810) 648-6108 120 Delaware St. ~ Sandusky, MI 48471

Skilled Nursing & Rehabilitation Services, including: Dialysis, Wound Care, Stroke, Orthopedic Conditions, Progressive Neurological Disorders, Speech & Swallowing Dysfunction, Gait & Balance Impairments.

## **Medilodge of Port Huron**

(810) 385-7447 ~ Fax: (810) 385-7114 Skilled Nursing, Short Term Rehab (PT, OT, ST) Page 34

Medilodge of Yale (810) 387-3226 ~ Fax: (810) 387-3050 Skilled Nursing, Short Term Rehabilitation (PT, OT, ST)

**Regency on the Lake** (810) 385-7260 ~ Fax: (810) 385-7266 5669 Lakeshore Rd. ~ Fort Gratiot, MI 48059

#### www.cienahealthcaremanagement,inc.com

#### Sanilac Medical Care Facility (810) 648-3017 ~ Fax: (810) 648-4912 137 N. Elk St. ~ Sandusky MI, 48471 www.sanilacmedicalcare.com

Physical, occupational, speech, recreational therapy, skilled nursing, restorative, and wound care, psychiatry, social services. Dialysis transportation and Alzheimer's/Dementia unit.

## Tendercare Cass City Health & Rehab Center (989) 872-2174 ~ Fax: (989) 872-2204 4782 Hospital Dr., Cass City, MI 48726 www.tendercarecasscity.com

Full cycle rehabilitation program, physical, occupational and speech therapy, nursing and restorative care, customized plan of care for each individual.

Tuscola County Medical Care Community (989) 673-4117 ~ Fax: (989) 673-6665 1285 Cleaver Rd. ~ Caro, MI 48723

# MI CHOICE/MEDICAID WAIVER

A&D MI Choice Waiver Program (800) 884-3335 ~ Fax: (989) 249-1147 Saginaw Office (989) 249-0929 Pigeon Office (989) 453-2864 Mt. Pleasant Office (989) 775-5500 Eligibility Requirements: Medicaid/eligible for Medicaid, eligible for nursing home admission, Over 18 and disabled or elderly, live in Region VII Counties. Call for list of counties.

MI Choice/Medicaid and Community Based Waiver (800) 858-1637 1615 South Euclid Ave. ~ Bay City, MI 48706

#### www.region7aaa.org

State-wide long term care program designed to help frail, elderly and the disabled. Provides services to help you remain independent in your own home, home of another, or AFC home.

## **RESPITE CARE**

Relief for families caring for an ill person

## A&D Home Care (800) 884-3341

Based on ability to pay, age 18+, diagnosis and medical/physical condition supports the needs for 24-hour care, unpaid care by a family member currently, also private pay and Medicaid waiver.

## Adult Day Service Human Development Commission (810) 648-9452 or (800) 843-6394

Located in Sandusky, Bad Axe, and Caro Daytime care of older adults and assistance for families who care for them. Services are provided on a fee for service basis.

# Alzheimer's Association (800) 272-3900

#### www.alz.org/gmc

Respite for caregivers of loved ones with Dementia, information and referrals.

# Autumnwood of Deckerville

(**810**) **376-2145** Private Pay

#### Care At Home (989) 673-1958 ~ Caro Area

Care at Home offers experienced caregivers to Seniors in their own homes. Physical assistance, meals, medication reminders and housekeeping. Licensed and insured since 1984. Private Pay.

Concerned Home Care Outsourcing (989) 479-6429 ~ Fax (989) 479- 6460 129 N. First St. ~ Harbor Beach, MI 48441 Outpatient physical therapy service located in Harbor Beach. Staffing for physical therapy, home health aide, and nursing available.

Covenant Visiting Nurse Association (800) 862-4968 ~ (989) 872-2300 Cass City, MI 48726 www.covenanthealthcare.com Private Pay

**Deckerville Community Hospital** (810) 376-2835 Private Pay

Health Care At Home (877) 512-4111 or (989) 872-2793

Heartland Home Health Care (800) 878-5626 ~ (989) 672-0445 Private Pay

Human Development Commission Senior Services (800) 843-6394 Sandusky Office ~ (810) 648-4497 Huron, Sanilac & Tuscola Counties

McLaren Visiting Nurse and Hospice (800) 288-2789 www.McLaren.org

Parent Care - Marlette Regional Hospital (989) 635-4000

Sanctuary at Mercy Village (810) 989-7440 www.sanctuary@mercyvillage.org Short stay respite apartments available – daily rate based on level of care and services requested. Private Pay.

# Walk to Remember (810) 376-2145

The respite care scholarship is designed to provide relief from the tasks of caregiving for someone who has Dementia/Alzheimer's. Please contact Larry Block for further information.

### **COMMUNITY EDUCATION**

Caregiver Education and Support HDC Sandusky Adult Day Services (800) 843-6394 or (989) 673-4121 227 North Elk St. ~ Sandusky, MI 48471 Facilitator: Merry O'Connell, RN The 3<sup>rd</sup> Thursday of the month at 3:00 pm

Diabetes Self-Management Education and Diabetes Support (989) 635-4348 Marlette Regional Hospital Lorraine Drake, RN, CDE, CCM

Diabetes & Pre-Diabetes Education
McKenzie Health System
(810) 648-6187
120 Delaware St. ~ Sandusky, MI 48471
Classes meet in hospital dining room every Monday at 5:00pm. Free to all interested.

Diabetic Support Groups Call for Details Laurie Roggenbuck ~ (989) 479-3201 Ext. 202

Heartland Hospice Grief Support Groups (877) 486-6671

Sanilac Career Center 175 E. Aitken Rd., Peck, MI 48466 810—648-4700 www.snilac.k12.mi.us Our Community Enrichment classes offer students many opportunities for career advancement,

personal enrichment and fun classes for social engagement. See our website for details.

# United Hospice Service Bereavement Services (800) 635-7490

Individual assessment and support. Available to anyone in the community at no cost.

\*Grief Support Groups and Lunch/Dinner Social Support Groups: Call for times and locations

### SENIOR DINING CENTERS

A service of the Human Development Commission 227 N. Elk Street, Sandusky 800-843-6394 Call for reservations before 9:00 a.m. \*Argyle Dining Center- 810-376-0417 First Sunday of the month. \* Deckerville Dining Center Tue and Wed Mon 810-376-0417 \*Lexington ~ Senior Center (810) 404-1339 \*Marlette ~ VFW Hall 2942 Main St. (989) 635-2226 \*Port Sanilac ~ Community Center (810) 404-1360 \*Sandusky ~ Eastside Manor (810) 648-3194 HOME DELIVERED MEALS A service of the Human Development Commission (810) 648-4497 or 1-800-843-6394 \*Huron County ~ (989) 269-9502 \*Tuscola County ~ (989) 673-4121

### <u>INPATIENT/OUTPATIENT</u> REHABILITATION SERVICE

Concerned Outpatient Therapy \*(989) 479-6429 129 North 1<sup>st</sup> St. ~ Harbor Beach, MI 48441 \*810-648-9715 ~ Fax: 810-648-9716 44 South Morse St. ~ Sandusky, MI 48471 Email:Concernedoutpatienttherapy@gmail.com

Croswell Manual Therapy & Rehabilitation Service (810) 679-0078 Monday-Wednesday-Friday "We take a hands-on approach to your well-being"

### **Deckerville Hospital Physical Therapy**

### (810) 376-3400

**2030 Black River St. ~ Deckerville, MI 48427** Monday, Wednesday, Thursday, Friday 8am-5pm.

### Marlette Regional Hospital Physical Rehabilitation Services

(989) 635-43502770 Main St. ~ Marlette, MI 48453Full service physical, occupational and speech therapies and athletic training.

### McKenzie Physical Therapy (810) 648-0210 170 Argyle St. ~ Sandusky, MI 48471

Full service physical and occupational therapy, heated aquatic pool therapy, strength and cardiovascular training, Cybex Multi-Gym.

### Narayan Rehab & Narayan MedTech Equipment, LLC

\*968 S. Van Dyke Rd, Bad Axe MI, 48413 (989) 269-8700 ~ Fax (989) 269-8715 \*333 Gordon Dr., Ste. C, Yale MI, 48097 (810) 721-8700 ~ Fax (800) 746-4146 \*335 E Third St. ~Imlay City, MI 48444 (810) 721-8700 ~ Fax (800) 746-4146 www.narayanrehab.com Outpatient physical, occupational, and speech

therapy, sports injuries, incontinence treatment, and balance/vestibular training.

Wagner Physical Therapy (989) 635-3660 3105 Main Street, Marlette, MI 48453 Most insurances accepted Orthopedic ~ Sports ~ Industrial

Pro-Staff Physical Therapy \*(810) 359-8700 5590 Main St. ~ Lexington, MI 48450 \*(810) 387-4900 7609 Brockway Rd. ~ Yale, MI 48097

### **TRANSPORTATION**

#### **Human Development Commission** (800) 843-6394 For individuals age 60 and over.

Cros-Lex Taxi Cab 810-824-2732

Department of Human Services (810) 648-3847 or (810) 648-4420

Sanilac Transportation Corporation (800) 275-9311 ~ (810) 648-9766 Public Transit Dial-A-Ride in some areas Special rates available county-wide.

Sandusky Taxi 810-404-8294

### VOLUNTEER PROGRAMS

Human Development Commission 429 Montague Avenue, Caro, MI 48723 (800) 843-6394

# Foster Grandparent Program (800) 843-6394

#### 429 Montague Ave., Caro, MI 48723

Seniors aged 55 and older who volunteer in schools helping struggling kids to succeed. Income qualification-benefits include stipend, meals, mileage, and training. 20 hours per week.

### Retired & Senior Volunteer Program (RSVP) (800) 843-6394 429 Montague Ave., ~ Caro, MI 48723 www.hdc-caro.org

Seniors aged 55 and older volunteer in local communities, supporting agencies and organizations. Special projects and opportunities to learn new skills available.

# ~ Notes ~

# Walk to Remember RESPITE CARE GRANT

### **Purpose of the Fund/How it Works**

The Respite Care Grant is designed to provide relief from the tasks of caregiving for someone who has Dementia/Alzheimer's Disease. Donations for the grant are given by local individuals, organizations and businesses. The maximum scholarship amount for the current grant year is \$750. Eligible families may utilize respite care through an insured or bonded provider. It the care is family's responsibility to arrange for services once a grant is awarded. The Walk to Remember committee is not responsible for any negligence on the part of the agency when care is rendered.

## Qualifications

The patient must

- Be diagnosed with Dementia/Alzheimer's.
- Be a resident of Sanilac County, Michigan.
- Need assistance with activities of daily living.
- NOT be receiving respite assistance from another organization.

The primary caregiver must

- Consent to release necessary medical information from physician.
- Not be paid by another organization for care.
- There are no income requirements for program eligibility.

### What Happens Next?

This grant is on a first come, first serve basis. Your application will be reviewed and a grant will be awarded at the *Walk to Remember* committee's discretion and availability of funding. It will be reviewed and follow up information will be sent for all applications. If there is no funding at this time, your application will remain on file for one year from the application date.

# Walk to Remember

# RESPITE CARE GRANT APPLICATION

Please print all information

Today's Date:\_\_\_\_\_

# **Personal Information**

Please tell us about the individual with dementia (applicant)

Name of Applicant:

Address:\_\_\_\_\_

Daytime Telephone: (\_\_\_\_\_)

Birth Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Age:\_\_\_\_\_

Martial Status: Married\_\_\_\_\_ Widowed\_\_\_\_\_

Single\_\_\_\_ Divorced\_\_\_\_ Separated\_\_\_\_

Has the applicant received respite assistance from any organization in the past twelve (12) months?

Yes\_\_\_\_ No\_\_\_\_

 $\rightarrow$  If yes, through what organization:

Has the applicant applied for the Medicaid Waiver program? Yes\_\_\_\_ No\_\_\_\_

 $\rightarrow$  If yes, date of approval:\_\_\_\_\_

Has the applicant received this grant before?

Yes\_\_\_\_ No\_\_\_\_

Please tell us about the individual caring for the applicant.

Name of primary caregiver:

Relationship to applicant:

Address, if different:\_\_\_\_\_

Home Telephone:(\_\_\_\_)

Work: ()	
----------	--

List all individuals and organizations currently providing assistance for the applicant:

Name Type of Assistance Given

# **Respite Care Request**

Please tell us why you are in need of respite care.

What agency will you be using with the scholarship?

A&D Home Care: 989-453-2828, contact person Kathy Sauvola

Autumnwood of Deckerville: 810-376- 2145, contact person Larry Block
Comfort In-Home Care, LCC: 810-633- 9482, contact person Katie Frostic
Concerned Home Care: 1-800-860-1316, contact person Sue LaPratt
Deckerville Community Hospital: 810- 376-7015, contact person Stephanie Nagey
Home and Hospice Advantage: 989-872- 5852, contact person Jacob Boynton
Hometown Home Health&Hospice: 810- 338-2268, contact person Alana Brocker
Human Development Commission (adult day service only): 810-648-9452, contact person Karen Loeding
Marlette Regional Hospital Parent Care: 989-635-4000.
Northwood Meadows (facility care only): 989-872-8131, contact person Kelly Richmond Other, please specify
Contact Information for Physician who will verify Dementia/Alzheimer's diagnosis: Name:
Address:

Phone: (\_\_\_\_) \_\_\_\_ Return completed application to: Walk to Remember PO Box 253 Sandusky, MI 48471 Attn: Larry Block